

Wednesday 11th March 2026

Big Walk and Wheel Challenge

16th – 27th March 2026

Dear Parents and Carers,

We are excited to let you know that our school will be taking part in the Big Walk and Wheel Challenge from **16th – 27th March 2026**.

Big Walk and Wheel is the UK's largest inter-school challenge encouraging children to travel to school in an active way. This includes **walking, wheeling (using a wheelchair), scooting or cycling**. The aim is to make the school run more active and fun while helping to improve air quality around our school and encouraging healthy habits.

During the challenge, schools across the country will record how many pupils travel actively to school each day. Schools then compete to see who can achieve the **highest percentage of pupils travelling actively**. There are **also daily prizes** available for participating schools.

Active travel has many benefits for children. It helps them build physical activity into their daily routine, arrive at school **feeling more awake and ready to learn**, and supports their **mental wellbeing**. It also helps reduce traffic and air pollution near the school gates. Studies have shown that many children are concerned about air pollution near their school, and active travel is a great way to help improve this.

We would love as many children as possible to take part. If you are able, please encourage your child to **walk, cycle, scoot or wheel to school, even if it is just for part of the journey**.

Thank you for your support in helping us make the journey to school healthier, happier and more environmentally friendly.

Kind regards,
Miss Cooper & Mr Brown
Mental Health Lead & Pe Lead